



Central Arkansas Christian

1 Windsong Drive, North Little Rock, AR 72113
(501) 758-3160

Head Strength and Conditioning Coach/Director

Position Overview

CAC faculty are entrusted with advancing the mission and vision of CAC. In collaboration with the Secondary Leadership Team, the Head Strength and Conditioning Coach is responsible for the development and execution of a strength and conditioning program for all sports with the goal of maximizing student/athletes' athletic ability and performance, reducing athletic injuries, teaching lifelong fitness and movement skills, and promoting a culture of excellence and personal responsibility. The Strength and Conditioning Coach develops training plans based on sound scientific principles, supervises training sessions, evaluates athletes, maintains athlete records, and teaches strength and conditioning classes. The Strength and Conditioning Coach collaborates with sport coaches and athletic trainer and is responsible for maintaining strength and conditioning facilities, and for establishing policies, plans, and procedures for the safe and professional operation of all aspects of the strength and conditioning program.

Position Requirements

- Support the school's Mission, Vision, Statement of Faith, and Community Covenant
- Demonstrated spiritual maturity and teaching excellence

- Education: Bachelor's Degree with NCSA or comparable Certification
- Salary: Bachelor's - \$45,260 to \$64,160 210 day contract
Master's - \$ 49,890 to \$67,275 210 day contract
Additional Assignment Options available

- Comprehensive Benefits including health, life, and LT disability insurance and retirement plan
- Dependent tuition assistance
- Tuition assistance for graduate studies (for qualified candidates)

Application Process

Please apply at cacmustangs.org/about/employment.

For additional information contact Dr. Carter Lambert at clambert@cacmustangs.org.