

# CAC Mustangs Football

**WIN THE DAY!**



**AUGUST**

**2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
	<b>PRACTICE - HEL</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	<b>PRACTICE - HEL</b> JR 3:00-5:00 (LIFT) SR 7:30-9:00 4:00-6:00	<b>PRACTICE - SHELL</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	<b>PRACTICE - SHELL</b> JR 3:00-5:00 (LIFT) SR 7:30-9:00 4:00-6:00	<b>PRACTICE - SHELL</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	<b>PRACTICE - PADS</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	<b>PRACTICE - SHELL</b> JR 3:00-5:00 (LIFT) SR 7:30-9:00 4:00-6:00	<b>PRACTICE - PADS</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	<b>PRACTICE - SHELL</b> JR 3:00-5:00 (LIFT) SR 7:30-9:00 4:00-6:00	<b>PRACTICE - PADS</b> JR 3:00-4:30 SR 7:30-9:00 4:00-6:00	SR - Camp Tahkodah
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
SR - Camp Tahkodah	JR 3:00-4:30 SR 4:00-5:30	JR 3:00-5:00 (LIFT) 6:00 SR High Scrimmage Perryville @ CAC	<b>First Day of School</b> JR 2:30-4:00 SR 4:00 - 5:30	SR 4:00-5:00 6:00 JR High Scrimmage @ Perryville	JR 2:30-4:30 (LIFT) SR - OFF	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
	<b>SR LIFT 7:30</b> JR 3:00 - 5:00 (LIFT) SR 4:00 - 6:30	<b>SR FILM 8:00</b> JR 3:00 - 4:30 SR 4:00 - 6:30	<b>SR LIFT 7:30</b> JR 3:00 - 4:45 (LIFT) SR 4:00 - 5:30	SR 3:45-4:45 <b>7/JR @ Mayflower</b> 5:30/6:30	JR 3:00 - 4:00 <b>SR vs. Mayflower</b> <b>7:00</b>	

FALL PRACTICE IS MANDATORY. COACHES SHOULD BE NOTIFIED BEFORE ANY ABSENCE. MISSED CONDITIONING WILL BE MADE UP.

FOOTBALL FEE IS DUE AUGUST 19. SR HIGH IS \$125. JR HIGH & 7th IS \$75.

IF YOU ARE UNABLE TO MAKE THE PARENT MEETING ON JULY 27 YOU WILL NEED TO SET UP A MEETING WITH COACH SHOE.